

VSKC Level 3 grading Currency Statement

Definitions

Day trip

A trip that takes place over a day and involves a minimum distance of >15km. Does not include short duration paddles such as red eye paddles and evening paddles (eg, Crib Point, Mornington, Sandringham).

Blue water

Open ocean conditions; does not include estuaries, lakes, rivers, Port Phillip or Westernport Bays.

Overnight trip

Any trip that involves paddling a 'loaded kayak' and camping from the kayak.

Expedition

Involves kayak exploration of a significant area over multiple days, such as a Bass Strait crossing, long coastal stretches, Kangaroo Island, Whitsunday Islands, etc. Usually more than 3 days duration.

Training event

An advertised VSKC organised training paddle or event.

Private trip

A paddle that is not advertised as a club trip and not advertised on the VSKC website.

Log

A record of your participation in a paddle in the VSKC log book or other means.

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Name _____

I assess myself as currently proficient in my grading status as VSKC Level 3 and certify that I have maintained my grading by completing the following:

A minimum total of 10 points required to maintain your award

| | Point Tally |
|---|--------------------------|
| 3 points Lead a club day trip | <input type="checkbox"/> |
| 2 points Lead a club half-day trip (e.g. Williamstown) | <input type="checkbox"/> |
| 5 points Lead an overnight (or longer) club trip | <input type="checkbox"/> |
| 2 points Log a blue water day paddle | <input type="checkbox"/> |
| 3 points Log an overnight (or longer) blue water paddle | <input type="checkbox"/> |
| 5 points Participate in an organised level 3 skills refresher activity | <input type="checkbox"/> |
| 3 points Act as an assistant instructor on a club training day | <input type="checkbox"/> |
| 1 point Log a day paddle (non-blue water) | <input type="checkbox"/> |
| 5 points Participate in an expedition type paddle | <input type="checkbox"/> |
| Total | <input type="checkbox"/> |

Signed _____

Date _____